



**FOR IMMEDIATE RELEASE**  
**February 25, 2025**

**Food is Medicine: The Mama-Tee Community Fridge Project, Philadelphia Partnership for Nutrition and Health, Shop & Carry Pharmacy and Cencora Impact Foundation work together to support communities.**

**Philadelphia, PA — (Feb 25, 2025) —**The Mama-Tee Community Fridge Project is thrilled to announce a collaboration with **the Cencora Impact Foundation** and **the Philadelphia Partnership for Nutrition and Health (PPNH)**. To further advance nutrition and health in Philadelphia, a Mama-Tee Fridge is now inside **Shop & Carry Pharmacy**, part of the *Good Neighbor Pharmacy* network. This initiative will continue Mama-Tee’s focus on expanding resources and fostering greater engagement, aligning with participants’ shared mission to build healthier neighborhoods. Representatives from PPNH and the Cencora Impact Foundation will join Mama-Tee team members at Shop & Carry Pharmacy to stock the fridge on Tuesday, Feb. 25th, at 11:30 a.m. at 1301 Lindley Ave, Philadelphia, PA 19141.

Shop & Carry Pharmacy has been serving the North Philadelphia community since 2015. Independently owned and operated by Dr. John Raju and Dr. Jittu George, Shop & Carry Pharmacy provides accessible, personalized services and comprehensive healthcare including medication delivery, immunization and smoking cessation counseling. Independent pharmacies, like Shop & Carry Pharmacy, play a pivotal role in ensuring that communities, including those in underserved and rural areas, have access to essential medications and care.

“Hosting a Mama-Tee Fridge in their pharmacy is a testament to John, Jittu and their team’s commitment to providing the community with comprehensive healthcare services,” said Dr. Michelle Nelson, Mama-Tee Fridge Founder/Creative Director. “As one of our first community fridges inside a pharmacy, we’re thrilled to partner with Shop & Carry Pharmacy, PPNH and the Cencora Impact Foundation in our collective mission to end food insecurity in the city.”

The Mama-Tee Community Fridge Project is a food support initiative that assists neighbors in need. Awarded Best of Philly in 2022 and established in 2020, this project has made a significant impact by assisting over 200,000 families within the city. There are currently 18 Mama-Tee Fridges dedicated to the mission: to help support anyone needing food while encouraging those with extra provisions to generously share their surplus. With the support of local nonprofits, restaurants, grocery stores, and generous individuals, the Mama-Tee Fridges help prevent edible food from being wasted by redirecting it to those who are in need.

The impact of food insecurity is everywhere in this city. In the most recent census, Philadelphia was found to have a 23.1% poverty rate - a rate double the national average.<sup>1</sup> Nearly 250,000 residents are considered to be food insecure.<sup>1</sup>

**To learn more about the Mama-Tee Community Fridge Project or contribute to ending hunger in our city, visit: <https://gofund.me/a96c8b96>**

*“Food insecurity is not a homeless thing; it’s a people thing. It can happen to anyone.”*  
**Dr. Michelle Nelson** Founder/Creative Director, Mama-Tee Fridge

### **About Mama-Tee Fridge**

- Learn more about The Mama-Tee Community Fridge Project: ([here](#))
- Donate and help Mama-Tee today: <https://gofund.me/a96c8b96>
- Volunteer Opportunities (in-person or virtual) contact [hello@mama-tee.com](mailto:hello@mama-tee.com)
- Instagram: [@mamateefridge](#)
- [mamateefridge.com](http://mamateefridge.com)

### **About The Cencora Impact Foundation**

The Cencora Impact Foundation is an independent not-for-profit charitable giving organization established by Cencora to support health-related causes that enrich the global community. The Foundation aims to improve the health and well-being of its patient populations – both human and animal – by investing in its communities. Through strategic partnerships and community collaboration, the Foundation works to expand access to quality healthcare and provide resources to ensure prescription drug safety. For more information, visit [www.cencora.com/our-impact/cencora-impact-foundation](http://www.cencora.com/our-impact/cencora-impact-foundation).

### **About PPNH**

The Philadelphia Partnership for Nutrition and Health (PPNH) is a community-driven coalition working to address health inequities driven by barriers to nutritious food access in Philadelphia. Led by North Philadelphia native and former Merck CEO Ken Frazier, PPNH unites local and national leaders across private, nonprofit, and public sectors to build more equitable systems for food security and healthcare access.

Hosted by [United Way of Greater Philadelphia and Southern New Jersey](#), PPNH both accelerates proven community-led health interventions and pioneers innovative solutions. Our approach focuses on creating systemic, sustainable change through evidence-based interventions, while developing funding models that ensure long-term impact in our communities

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<sup>1</sup>[U.S. Census Bureau, American Community Survey \(ACS\) 1-Year Estimates, 2022. Feeding America. Map the Meal Gap Report, 2023.](#)

